

North Dakota Medicaid Therapeutic Duplication Edits

This document is meant to serve as a guide to ND Medicaid's Therapeutic Duplication Edit which is reported as NCPDP Reject Code: 88 – DUR REJECT ERROR. It is not an all-inclusive list.

Per federal law, ND Medicaid must pay for medications per drug information found in the compendia. Most often, practices such as using multiple medications in the same class or multiple strengths to form an “in between” dose lie outside of these recommendations. These edits serve as function of preventing payment for practices that are not covered by ND Medicaid. However, some of these edits are in place because another medication alternative would provide the most efficient use of funds. In some these cases, the edit will be denoted by ** and further explanation will be provided in parenthesis.

The edit will prevent a combination product from being taken with another medication from the same therapeutic class as any one of the ingredients.

Practical Applications of this Document:

In most cases, a given medication is allowed one strength at a time.

- Consider this scenario: A patient is prescribed Effexor XR 75mg + 37.5mg.
 - The pharmacy runs the 75mg and it pays.
 - The pharmacy runs the 37.5mg next but it rejects with an 88-DUR REJECT ERROR.
 - The pharmacy references below that in the Antidepressant Medications section that “Plan covers one strength of a given medication at a time” and Effexor XR 75mg + 37.5mg is not listed as an exception.
- The pharmacy can reach the conclusion that ND Medicaid will not cover this “in between” dosing combination and the prescription must be adjusted for ND Medicaid to pay the entire prescription.

TABLE OF CONTENTS

Table of Contents

ACNE MEDICATIONS	3
ADHD MEDICATIONS.....	3
ANTIDEPRESSANT MEDICATIONS	3
ANTIPSYCHOTIC MEDICATIONS	4
ASTHMA/COPD MEDICATIONS	5
CARDIOVASCULAR MEDICATIONS	6
CNS MEDICATIONS.....	7
Narcolepsy (Provigil and Nuvigil)	7
Alzheimer’s Dementia (Namenda, donepezil, galantamine, rivastigmine).....	7
Seizures/Epilepsy (Vimpat and Potiga)	7
LONG ACTING CONTRACEPTION.....	7
DIABETES MEDICATIONS.....	7
GASTROINTESTINAL AND ACID REFLUX MEDICATIONS.....	8
▪ H2 blockers.....	8
▪ Proton pump inhibitors “PPIs”	8
▪ Irritable bowel syndrome “IBS”/opioid induced constipation “OIC” agents (Amitiza, Linzess, Movantik, and Viberzi).....	8
MUSCLE RELAXANT	8
Soma (carisoprodol).....	8
NARCOTIC MEDICATIONS	9
NON-NARCOTIC PAIN MEDICATIONS.....	9
NSAIDs.....	9
Tryptans (Serotonin Receptor Agonists).....	9
Neuropathic pain (Gabapentin and Lyrica).....	9
OPIOID USE DISORDER MEDICATIONS.....	9
SEDATIVE/HYPNOTIC MEDICATIONS	10
Benzodiazepines	10
Insomnia Medications (Non barbiturate)	10
URINARY MEDICATIONS.....	10

CYP 450 INTERACTIONS	11
Strong 3A4 Inhibitors	11

ACNE MEDICATIONS

Plan covers:

- One strength of one retinoid medication is allowed at a time
- One strength of one benzoyl peroxide containing medication is allowed at a time

ADHD MEDICATIONS

Plan covers:

- One strength of one medication is allowed at a time
- One short acting and one long acting stimulant is allowed at a time
- One short acting stimulant is allowed at a time

Plan does not cover:

- Concurrent use of a stimulant from the methylphenidate therapeutic class and a stimulant from the amphetamine therapeutic class
- Concurrent use of dexmethylphenidate and methylphenidate
- Concurrent use of guanfacine and clonidine
 - Alpha agonists used for ADHD (Kapvay and Intuniv) are not allowed with other alpha agonists typically used for cardiovascular disease
- Concurrent use of Vyvanse, Adderall XR, or Mydayis with a short acting stimulant
- Concurrent use of Adderall XR with proton pump inhibitors+
- Concurrent use of Mydayis with benzodiazepines or sedatives
- ****Quillivant XR, Quillichew ER, Dyanavel XR, Adzenys XR-ODT, Procentra, Methylin, Cotempla XR with other ADHD medications concurrently (other ADHD medications are swallowed, if patient can swallow, please transition to solid form of medication)**

+ Haffey MB, et. Al. Effects of omeprazole on the pharmacokinetic profiles of lisdexamfetamine dimesylate and extended-release mixed amphetamine salts in adults. *Postgrad Med.* 2009 Sep;121(5):11-9. doi: 10.3810/pgm.2009.09.2048.

ANTIDEPRESSANT MEDICATIONS

Plan covers:

- One strength of one medication is allowed at a time

- Exceptions:
 - Cymbalta 30mg + Cymbalta 60mg is allowed
 - ****Effexor XR 150mg + Effexor XR 75mg** is allowed (Please use in place of 225mg capsule)
 - Fluoxetine 10mg capsule + fluoxetine 20mg capsule is allowed
 - Sertraline 100mg + sertraline 25mg is allowed
 - Wellbutrin XL 150 mg + Wellbutrin XL 300 mg is allowed
- One medication per therapeutic class at a time
 - Therapeutic classes:
 - SSRIs
 - SNRIs
 - Tricyclic Antidepressants
 - Bupropion strengths and forms
 - Mirtazapine strengths and forms
 - Selegiline strengths and forms

Plan does not cover:

- Fetzima, Viibryd, or Brintellix with other antidepressant medications

ANTIPSYCHOTIC MEDICATIONS

Long acting injections are not allowed with tablets

First generation antipsychotics are not allowed with second generation antipsychotics

Specific Coverage Details:

- Abilify/Rexulti:
 - One strength of one medication is allowed at a time
- Geodon:
 - One strength is allowed at a time
 - Example: Dosing with 20mg in the AM and 60mg in the evening would NOT be allowed. Dosing with 40mg twice daily is allowed.
- Invega/Risperdal:
 - One strength of one medication is allowed with the following exception:
 - Risperdal tablet strengths are currently allowed together
- Latuda:
 - One strength is allowed at a time
- Rexulti:

- One strength is allowed at a time
- No other Antipsychotic medication is allowed concurrently
- Saphris:
 - One strength is allowed at a time
- Seroquel:
 - Immediate release:
 - 400mg and 200mg are not allowed together
 - Extended release:
 - One strength of one medication is allowed with the following exception:
 - Seroquel XR 150mg is allowed with all strengths except for 50mg (please use 200mg XR instead)
 - Extended release and immediate release are not allowed together
 - Quetiapine is not allowed with opioid analgesics
- Vraylar:
 - One strength is allowed at a time
- Zyprexa:
 - **Olanzapine 2.5mg tablet is not allowed with olanzapine 5mg or 7.5mg tablets (please use olanzapine 7.5mg or 10mg respectively)
 - **olanzapine 5mg tablet or ODT is not allowed with 10mg or 15mg tablet or ODT (please use 15mg or 20mg tablet or ODT respectively)
 - All other olanzapine tablet strengths are allowed together
 - All other olanzapine ODT tablet strengths are allowed together
 - Olanzapine tablets are not allowed with olanzapine ODT
 - Symbyax is not allowed with any other product containing olanzapine

ASTHMA/COPD MEDICATIONS

The following edits consider ingredient names only. The edits are inclusive of all forms of ingredient, including nebulized medications. For example, “one inhaled steroid at a time” infers that a nebulized steroid is not allowed with a combination steroid inhaler.

Plan covers:

- One long acting beta agonist is allowed at a time
- One short acting beta agonist is allowed at a time
- One inhaled steroid is allowed at a time
- One long acting anticholinergic medication is allowed at a time
- One strength of one leukotriene pathway inhibitor medication is allowed at a time

CARDIOVASCULAR MEDICATIONS

Plan covers:

- One strength of one medication is allowed at a time
- One medication in the per therapeutic class in the following classes:
 - ACE Inhibitors
 - Amlodipine containing products – all strengths and forms
 - ARBs
 - Beta blockers
 - Endothelin receptor antagonists (Letairis, Tracleer, Opsumit)
 - Fibric Acids (fenofibrate and gemfibrozil)
 - HMG-CoA reductase inhibitor “statins”
 - Nicotinic Acid (Niacin)
 - Non-dihydropyridine calcium channel blockers (verapamil and diltiazem)
 - PCSK9 Inhibitors (Praluent and Repatha)
 - Platelet Inhibitors (Plavix, Effient, Brilinta)
 - Prostacyclins (Flolan, Veletri, Ventavis, Tyvaso, Orenitram ER, Remodulin)

Plan does not cover:

- Entresto or Renin inhibitors with ACE Inhibitors or ARBs

Specific Coverage Details:

- Alpha agonists (clonidine, methyldopa, and guanfacine)
 - One strength of one medication is allowed at a time
 - Alpha agonists used for ADHD (Kapvay and Intuniv) are not allowed with other alpha agonists typically used for cardiovascular disease
- Alpha blockers (doxazosin, prazosin, terazosin)
 - One strength of one medication is allowed at a time
 - Alpha blockers are not allowed with beta blocker/alpha-1 blockers (carvedilol and labetalol)
 - Prazosin strengths are allowed together
- Anticoagulant (Pradaxa, Xarelto, Eliquis, Savaysa, warfarin)
 - Warfarin strengths are allowed together
 - No other anticoagulant medications or strengths are allowed together
- Pulmonary Hypertension (Revatio, Adcirca, Adempas)
 - One strength of one medication is allowed at a time
 - Revatio, Adcirca, and Adempas are not allowed with nitrates

CNS MEDICATIONS

Narcolepsy (Provigil and Nuvigil)

- One strength of one medication is allowed at a time
- Provigil and Nuvigil are not allowed together

Alzheimer's Dementia (Namenda, donepezil, galantamine, rivastigmine)

- One Namenda medication is allowed at a time
- One cholinesterase Inhibitor medication is allowed at a time (donepezil, galantamine, or rivastigmine)

Seizures/Epilepsy (Vimpat and Potiga)

- One Vimpat strength is allowed at a time
- One Potiga strength is allowed at a time

LONG ACTING CONTRACEPTION

Long Acting Contraception: Depo-Provera, Liletta, Mirena, Skyla, Mirena, Kyleena, Paragard T 380-A

Plan covers:

- One strength of one medication is allowed at a time

DIABETES MEDICATIONS

Plan covers:

- One strength of one medication is allowed at a time
- One medication per therapeutic class is allowed at a time
 - Therapeutic classes:
 - Metformin containing products
 - DPP-IV inhibitors “gliptans”
 - SGLT2 inhibitors “gliflozins”
 - Meglitinides “glinides”
 - Thiazolidinediones “glitazones”
 - Sulfonylureas
 - GLP1 Agonists
 - Prandial “mealtime” insulins
 - Basal insulins

Plan does not cover:

- GLP-1 Agonists with DPP4-Inhibitors
- Insulin with DPP4-Inhibitors (you may use GLP-1 Agonists with Insulin)
- Sulfonylureas with Insulins

References

1. American Diabetes Association. Pharmacologic Approaches to Glycemic Treatment. Standards of Medical Care in Diabetes – 2018. Diabetes Care 2018 Jan; 41 (Supplement 1): S65-S72. <https://doi.org/10.2337/dc18-S007>

GASTROINTESTINAL AND ACID REFLUX MEDICATIONS

Plan covers:

- One strength of one medication is allowed at a time
- One medication per therapeutic class is allowed at a time
 - Therapeutic classes:
 - H2 blockers
 - Proton pump inhibitors “PPIs”
 - Irritable bowel syndrome “IBS”/opioid induced constipation “OIC” agents (Amitiza, Linzess, Movantik, and Viberzi)

Plan does not cover:

- Proton Pump Inhibitors with H2 blockers

References

1. Katz PO, Gerson LB, Vela MF. Guidelines for the diagnosis and management of gastroesophageal reflux disease. Am J Gastroenterol 2013;108:308-28.
2. Fackler WK, Ours TM, Vaezi MF, Richter JE. Long-term effect of H2RA therapy on nocturnal gastric breakthrough. Gastroenterology. 2002;122:625-632.

MUSCLE RELAXANT

Plan covers:

- One strength of one medication is allowed at a time

Soma (carisoprodol)

- Not allowed with other muscle relaxants, narcotics, benzodiazepines, or opioid use disorder medications

Zanaflex (Tizanidine)

- Zanaflex is not allowed with antipsychotics.

NARCOTIC MEDICATIONS

Plan covers:

- One strength of one medication is allowed at a time
- One immediate release product is allowed (single ingredient or combination product)
- One extended release product is allowed at a time

Plan does not cover:

- Nucynta or Nucynta ER with other narcotic medications
- Tramadol immediate release with tramadol extended release
- Methadone with muscle relaxants, narcotics, benzodiazepines, or opioid use disorder medications
- Long acting narcotics over 90 MME/day with immediate release narcotics over 15 MME/dose
- Long acting narcotics over 90 MME/day with benzodiazepines
- Immediate release narcotics over 15 MME/dose with benzodiazepines

NON-NARCOTIC PAIN MEDICATIONS

NSAIDs

- One strength of one medication is allowed at a time

Triptans (Serotonin Receptor Agonists)

- One strength of one medication is allowed at a time

Neuropathic pain (Gabapentin and Lyrica)

- One strength of one medication is allowed at a time
- Lyrica medications are not allowed with gabapentin medications
- ******Lyrica and gabapentin oral syrups are not allowed with benzodiazepines, muscle relaxant, or narcotic tablets or capsules (if a patient can swallow they should be transitioned to a tablet or capsule form of Lyrica or gabapentin)

OPIOID USE DISORDER MEDICATIONS

Plan covers:

- One strength of one medication is allowed at a time

Plan does not cover:

- A medication used for opioid use disorder with a narcotic medication

SEDATIVE/HYPNOTIC MEDICATIONS

Benzodiazepines

- One short acting medication is allowed at a time
 - Short acting medications: alprazolam, lorazepam, oxazepam
- One long acting medication is allowed at a time
 - Long acting medications: chlordiazepoxide, clonazepam, diazepam, alprazolam ER

Insomnia Medications (Non barbiturate)

- One strength of one medication is allowed at a time
- Medications in this class include: Lunesta, Rozerem, Sonata, Ambien, Ambien CR, Edluar, Intermezzo, Zolpimist, Silenor, Belsomra, flurazepam, temazepam, estazolam, triazolam
- Belsomra is not allowed with benzodiazepines

Plan does not cover:

- Benzodiazepines indicated only for insomnia with other non-barbiturate insomnia medications or other benzodiazepines
- Benzodiazepines with long acting narcotics over 90 MME/day
- Benzodiazepines with immediate release narcotics over 15 MME/dose
- Long acting benzodiazepines with Insomnia Medications

URINARY MEDICATIONS

- One strength of one of the following medications is allowed at a time:
 - Enablex
 - Toviaz
 - Gelnique
 - Oxytrol
 - Oxybutynin ER
 - Vesicare
 - Tolterodine
 - Tolterodine ER
 - Trospium
 - Trospium ER
- One strength of one of the following medications is allowed at a time:
 - Dutasteride
 - Jalyn
 - Finasteride
- One strength of one of the following medications is allowed at a time:

- Tamsulosin
- Doxazosin
- Doxazosin ER
- Terazosin
- Alfuzosin ER
- Jalyn

CYP 450 INTERACTIONS

Strong 3A4 Inhibitors: atazanavir, clarithromycin, cobicstat, darunavir, idelalisib, indinavir, itraconazole, ketoconazole, ritonavir, lopinavir, mifepristone, nefaodone, nelfinavir, posaconazole, saquinavir, tipranavir, voriconazole

Plan does not cover:

- Strong 3A4 Inhibitors with oxycodone, alprazolam, clonazepam, fentanyl, midazolam, or methadone